

*Founded in 1990, CCTA provides annually dozens of outreach education programs and 1,200 individual or group sessions for all ages. Over 750 clients—referred by parents, health and education professionals—seek arts programs with therapeutic enhancement. Treatment goals are similar to those found in traditional therapies. CCTA currently employs two music therapists, three interns and three administrative staff.*

- 1990-1994 CCTA provided music therapy outreach education programs throughout southern Nevada and Utah, from home-based operations.
- 1995-1999 CCTA, located at Reflections Counseling Center, provided music therapy treatment and outreach education programs throughout southern Nevada and the western United States, including two Clark County sites and “Sound of Healing” radio show.
- 2000-2004 CCTA, located at New Life Cardiology, provided music and art therapy treatment and outreach education programs throughout the United States and six locations in Clark County.
- 2004-present CCTA, located in the Loux Center at College of Southern Nevada’s West Charleston Campus, provides music and art therapy treatment and outreach education programs nationally and southern Nevada, including six other Clark County sites.

## Programs

*For children, adolescents, adults, seniors and their families, CCTA’s arts programs offer:*

- Multi-sensory and motor skills stimulation and development
- Improved language skills and learning strategies for academic tasks
- Anger management and positive social skills
- Decreased impulsivity and distraction
- Increased appropriate emotional expressions

*CCTA offers therapeutic benefits to clients in the following areas.*

- As an established healthcare profession, active and passive (Music4Life) music therapy addresses physical, emotional, cognitive, and social needs of individuals of all ages, improving quality of life for persons who are well and meets the needs of children and adults with disabilities or illnesses.
- The process of art therapy helps clients—from children to adults—to articulate feelings and emotions that they may not previously have been able to identify or clarify on their own.
- In the future, CCTA plans to offer therapy in the areas of dance, drama, psychodrama, and poetry.
- CCTA provides arts programs at seven sites with expanded programs to four more sites planned for FY07-09. Three more music/art therapists, including an Internship Director/Program Manager, are planned for hiring to supervise interns, community volunteers, and programs at eleven total sites.